Emergency Action Team Template

Introduction:

As in any physical participation sport, soccer has an inherent risk of injury. We encourage parents, coaches, AND players to work in partnership to ensure that each team has formulated an emergency plan and know the club's EMS Protocols.

EMS protocols include:

Calling 911 – providing the correct address when requesting an ambulance

Ensuring that people are posted to direct the EMS responders as close to the location of the injury as safely as possible Should any such injury occur, requiring a 911 call for emergency care, it is important that emergency vehicles have an access route that brings them in close proximity to where the injury has taken place. An emergency plan is necessary regardless of the age of the players, or where they are playing; it also pertains to practices as well. While injuries or serious incidents are rare, when something does happen there may be panic and confusion due to lack of preparation.

A bad situation can be made much better with a little simple planning. Your team's plan will address a variety of points, including:

- Who on the team is designated to take charge during an emergency situation? And who is their backup?
- Does everyone know the emergency plan? Where is the nearest phone? Who will actually make the call to 911?
- How do we get the paramedics and ambulance to the injured player? Did we designate a team member to direct them to the specific field?
- Who will go for help if the coach is with an injured player? Who will supervise players if the coach has to call for help?
- Does the coach have all the emergency contact phone numbers (preferably cell numbers) for everyone on the team?

Taking your emergency plan seriously alleviates some of the pressure from the coach, and also ensures your team will be better prepared when seconds count.

We request all teams designate an "**Emergency Action Plan Leader**". Ideally, this individual should be CPR certified and understand the general guidelines outlined in this policy.

For Parents: If you are not staying to observe practices or games, please ensure that the coach has a way to reach you during the next 30 - 90 minutes!